

Hiring rate

PADDLE COURT'S HIRING RATE					
	1h/no light	1h + light charge	1h 30'/no light	1h 30' + light charge	10 hours passes
No Member	8 €	11 €	12 €	16,5 €	45 €
Member	5€	8 €	7,5 €	11,5€	29 €

SPORT HALL'S HIRING RATE					
	Whole Sport Hall		1/2 Sport Hall		10 hours passes, no available for this facility
	1h/ no light	1h + light charge	1h/ no light	1h + light charge	
No Member	25 €	30 €	12, 5 €	17,5 €	
Member	15 €	20 €	7,5 €	12, 5 €	

BOOKING FACILITIES: WAYS AND CONDITIONS			
	Online	Telephone	In person (advanced payment)
No Member	Yes (maximun 3 days in advanced/ 10 day passes required)	No	Yes (maximun 3 days in advanced)
Member	Yes (maximun 7 days in advanced)	Yes (maximun 2 days in advanced)	Yes (maximun 7 days in advanced)

Summer Events La Manga 2015

CABO DE PALOS CROSS
25th JULY

INDOOR SOCCER TOURNAMENT (TEENS)
13th to 18th JULY

KAYAKING, SURFING AND TREKKING
MAR MENOR ROUND
18th and 19th JULY

BEACH SOCCER TOURNAMENT (TEENS)
20th to 25th JULY

BEACH VOLLEY TOURNAMENT
27th to 31th JULY

BASKETBALL 3on3 LA MANGA 2015
2nd AUGUST

FITNESS MASTER CLASS
1st AUGUST

PADDLE TOURNAMENTS
SEVERAL DATES

INDOOR SOCCER CHAMPIONSHIP
3th to 8th AUGUST

BEACH SOCCER TOURNAMENT (ADULTS)
10th to 15th AUGUST

BEACH SOCCER TOURNAMENT (ADULTS)
17th to 22nd AUGUST

GYMKANA*
15th AUGUST

INDOOR SOCCER 24H TOURNAMENT
15th AUGUST (EVENING)

La Manga Municipal Sport Facilities

Opening hours: Monday to Friday 8:00 am - 14:00 pm
and 17:00 pm - 22:00 pm. Saturday and Sunday 9:00 am
- 14:00 pm and 17:00 pm - 22:00 pm
Tel +34 968573700 - 5243
Gran Vía La Manga, Km. 12
email: lamanga@pdmsanjavier.com



Web: www.pdmsanjavier.com

Municipal Sport Facilities

LA MANGA



Sport and Leisure

Summer 2015



Nautical Activities

ACTIVITIES		RATES	
		MEMBER	NO MEMBER
Weekly sailing courses (Mon to Fri 10:00 to 12:00 h)	Children	60 €/ weekly	90 €/ weekly
	Adults	70 €/ weekly	100 €/ weekly
Weekly windsurf courses (Mon to Fri 12:00 to 14:00 h)	Children	60 €/ weekly	90 €/ weekly
	Adults	70 €/ weekly	100 €/ weekly
Kayak hiring rate		8 €/ hour	10 €/ hour
Sup hiring rate (paddle surf)		10 €/ hour	12 €/ hour

Children Activities

SUMMER SPORT SCHOOL	RATES	MEMBER	NO MEMBER
Monday to Friday 9:00 – 13:30	WEEKLY	35 €	47,5 €
	(4-14 years old)		

Gym

GYM		RATES	MEMBER	NO MEMBER
Monday to Friday 8:00-14:00 17:00-22:00	Saturday and Sunday 9:00-14:00 17:00-22:00	1 day pass	4 €	6 €
		10 day passes	29 €	45 €
		Monthly	23 €	35 €
		Quaterly	58 €	88 €
		Promo + 10	Enrol in any monthly activity and the gym just cost you 10€ more during the same period	

Fitness activities

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	INDOOR-CYCLING 1 08.10 - 09.00		INDOOR-CYCLING 1 08.10 - 09.00	
	ZUMBA 1 09.10 - 10.00		ZUMBA 1 09.10 - 10.00	
PILATES 1 10.20 - 11.10	BODY-LIFE 10:10 - 11:00	PILATES 1 10.20 - 11.10	BODY-LIFE 10:10 - 11:00	
ZUMBA 2 19:00 - 19:50		ZUMBA 2 19:00 - 19:50		
INDOOR-CYCLING 2 20:00 - 20:50	BODY-FITNESS 20:10 - 21:00	INDOOR-CYCLING 2 20:00 - 20:50	BODY-FITNESS 20:10 - 21:00	
	PILATES 2 21:00 - 21:50		PILATES 2 21:00 - 21:50	

ACTIVITIES/ RATE	MEMBER	NO MEMBER
Indoor-Cycling 1 or 2	22 €/Monthly	35 €/Monthly
Zumba 1 or 2	18 €/Monthly	28 €/Monthly
Pilates 1 or 2	18 €/Monthly	28 €/Monthly
Body-Fitness	18 €/Monthly	28 €/Monthly
Body-Life	18 €/Monthly	28 €/Monthly
PROMO + 10	Enrol in any monthly activity and the gym just cost you 10€ more during the same period	

Free Beach Activities	PLAYA MISTRAL	PLAYA EL PEDRUCHILLO
Beach Fitness	Monday & Wednesday 9:00-9:50	Tuesday & Thursday 18:30-19:20